

# MENU 2023

## PSHS CANTEEN

Due to Health and Safety Act the PSHS Canteen **CANNOT** reheat or store students food brought from home.

### REGULAR C O L D ITEMS

Salad Ham/Chicken	\$4.50
Sm Chicken Caesar Salads	\$3.50
Individual fruit from fruit bowl	\$1.50
Fruit Salad Pots	Lrg \$4.00 Sml \$3.50
Wraps (half)-ham/chicken with salad	\$3.00
Sandwiches white,wholemeal	2 fillings \$3.00
	3 fillings \$3.50, 4 fillings \$4.00
Salad Roll With Ham/Chicken	\$4.50
Yoghurts	\$2.50
Muffins - Homemade	\$2.00
Chips: Redrock/Grainwaves/Smiths	\$1.50
Banana Bread	\$3.00
Ice blocks	from \$1.00

### DRINKS

Water 600ml	\$2.00
Water 1L pop top	\$2.50
Lipton Iced Tea 500ml	\$4.00
Charlies Juice 300ml	\$4.00
Poppers 250ml	\$2.00
Breaka Milk Sml 300ml	\$3.00
Breaka Milk Lg 500ml	\$4.00
Oak shakes 400ml	\$4.30
Zymil flavoured milk 400ml	\$4.30
Plain milk- full cream or trim	500ml \$2.00
	1 Litre \$3.00
	2 Litre \$4.00
Hot Chocolate / Tea	\$2.00

**OPENING HOURS: Monday to Friday (ph. 49450119 6.30-2.30)**  
**8.30am – 9am -for breakfast and (PLACING LUNCH ORDERS)**  
**10.20am – 10.45am - little lunch**  
**1.10pm – 1.45pm – big lunch**

Menu & prices are subject to change due to rising cost of ingredients.

**Thanks to our wonderful canteen volunteers. With their contribution of just a few hours a month we are able to keep our prices to a minimum.**

**MORE VOLUNTEERS ARE ALWAYS NEEDED.**

**If you can help, please call Canteen Convenor, Michelle Milne on 4945 0119.**

### REGULAR HOT ITEMS

Breakfast Burger- bacon/egg/cheese	\$4.50
Crumbed Chicken Pattie	\$2.50
Chicken Snack Wraps	\$3.00
Sausage Roll	\$3.50
PIES - beef	\$4.50
Potato Pie	\$4.70
Chic Patty, Lettuce, Mayo Roll	\$4.50
Chilli Tender Wrap: lettuce/mayo	\$4.50
Toasties (variety of toasted sandwiches)	\$4.50
Chic/Cheese/Pesto	\$4.80
Homemade Ham & Pineapple Pizza Subs	\$3.50
Chicken & gravy rolls	\$4.50

### MONDAY

Hot Noodle Box- ( Honey Soy Chicken )	\$4.50
Hot Noodle Cup- ( Honey Soy Chicken )	\$2.50
Garlic Bread	\$3.00
Hotdog with cheese & tomato sauce	\$4.00

### TUESDAY

BURGERS- homemade mince pattie with fresh salad and tomato sauce	\$5.50
Curried Chicken and Rice	\$4.50
Vegetarian Lasagne	\$5.00

### WEDNESDAY

Sushi	\$4.00
Chicken Parmy and potato wedges	\$5.00
Spaghetti Bolognaise	Lrg \$4.50 Sml \$4.00
Potato Wedges	\$3.00
Parmy Burger	\$5.50

### THURSDAY

Burritos - beef	\$5.00
Beef Lasagne (Homemade)	\$5.00
Butter Chicken/rice	\$4.00
Aussie Pie (4n20)	\$4.00

### FRIDAY

Chicken Tandoori Wrap (Toasted)	\$4.50
Chicken Pesto Pasta	\$3.50
Homemade ham & pineapple pizza	\$3.50
Chilli Tender Wrap	\$4.50
Chicken Chippees (5)	\$3.00