



PROSERPINE
STATE HIGH SCHOOL

*Local Spirit
Universal Success*

4 Ruge Street
Proserpine QLD 4800

Subscribe: <https://proserpineshs.schoolzineplus.com/subscribe>



Email: admin@proserpineshs.eq.edu.au

Phone: 07 4945 0111

9th June 2026

Date Claimers

Week 8 - SPIRIT WEEK

Wednesday 10th June - Team Shirt Day & Ultimate Frisbee

Thursday 11th June - 'H' Day - Hugs, High Fives and Handshakes

Friday 12th June - Care Carnival

Saturday 13th June - Bond University Mooting Competition Grand Final

Week 9

Tuesday 16th June - Year 7 Deadly Choices, Year 10 Legal Excursion

Wednesday 17th June - Junior School Parade, NQIM String Workshop, P&C Meeting, Northern Rugby League Trials

Thursday 18th June - Junior Student Council Workshop, Year 10 Early Childhood Kindy Visit

Friday 19th June - Show Whitsunday Public Holiday

Week 10

Monday 22nd June - b kinder Day, Year 12 Marine Tassal Excursion, Interschool Debating Competition, House Cup Winner Announced

Tuesday 23rd June - Junior Boys Cricket Gala, Year 7 Deadly Choices, Year 7 Culmination Day, Junior ATSIAP JCU Event, Year 11 Leadership Induction Workshop, Year 11 JCU Uni Experience

Wednesday 24th June - Girls Cricket Gala, Year 9-12 White Card Course

Thursday 25th June - Senior Boys Cricket Gala, Year 7-12 Interschool Debating Workshop, ATSIAP Challenge State Finals, Year 12 General Maths Crossline Exam, House Cup Party

Friday 26th June - Last Day of Term 2

Principal Perspective

Spirit Week

The much-anticipated Spirit Week is here, and it remains one of the most exciting times on our school calendar.

A big thank you to our senior student leaders and committees for their hard work in creating a rewarding and enjoyable week for all involved. Special appreciation also goes to our dedicated staff who have assisted behind the scenes to bring together a fantastic line-up of activities.

The week kicked off with an outstanding lunchtime event organised by our Community Committee, bringing plenty of fun, laughter and school spirit. Teachers were challenged to put their skills to the test in a series of Survivor-inspired activities, including cream pie challenges, egg challenges and cup tower competitions, as they battled it out amongst one another.

Throughout the week, students will have opportunities to participate in activities designed to strengthen connections within Care Groups, build House spirit and create lasting memories with their peers and teachers. The week concludes this Friday with our highly anticipated Care Carnival, and we want to encourage every student to attend.

As always, the focus is simple – FUN and PARTICIPATION!



Maintaining School Expectations

At Proserpine State High School, we are proud of the positive culture that exists within our school community. Recently, we have been reinforcing our expectations with students through our core values of being Respectful, Responsible and Engaged.

Our focus is on maintaining calm, orderly and supportive learning environments where every student can succeed. We value every student's

right to learn and every teacher's right to teach, and we remain committed to the high standards that support positive outcomes for all students.

I communicated with parents in detail this week regarding our school expectations and the key areas we are asking families to reinforce at home. Please take a moment to read the email if you have not already done so.

Thank you to our parents and carers for their ongoing partnership in ensuring Proserpine SHS continues to be a school we can all be proud of.

ATSIAP Success

Congratulations to our ATSIAP Senior Team – Miley Thomson (Year 12), Charlie Poulet Young (Year 10), Shanli Clark (Year 10) and Bree Rhode (Year 10) on qualifying for the 2026 ATSIAP Senior Secondary State Final in Brisbane.

The students demonstrated excellent teamwork throughout the competition, working together to develop ideas, write their script and create the accompanying artwork. Despite the challenges of coordinating schedules and completing the final filming task, the team remained committed and successfully completed all aspects of the challenge.

Their perseverance, collaboration and creativity have been rewarded with selection for the State Final, which will be held in Brisbane. Well done on this outstanding achievement.



Don

Mr Don McDermid
Principal
principal@proserpineshs.eq.edu.au

Upcoming Events!

Spirit Week



The graphic features a dark green background with the text 'SPIRIT WEEK '26' in large, yellow, outlined letters. At the top left, there are four circular icons representing school sports: a rooster for 'Hinders', a shark for 'SHARKS', a dragon for 'DRAGON', and a kangaroo for 'KANGAROO'. Below these are five colored boxes, each representing a day of the week with an event:

- Mon 8th June** (Purple box): Survivor Teacher Edition, Next to Astrodome @ Lunchtime
- Tues 9th June** (Blue box): Battle of the Brains, Multi Purpose Hall @ Lunchtime
- Wed 10th June** (Green box): Team Shirt Day & Ultimate Frisbee oval @ lunchtime
- Thurs 11th June** (Yellow box): "H" Day, Handshake, hug or hi-five
- Fri 12th June** (Red box): Care Carnival, All day

From Our HODs

RACQ Road Safety Program Empowers Future Drivers



During Week 7, students in Years 10, 11 and 12 at Proserpine State High School had the opportunity to participate in a series of engaging road safety presentations delivered by the RACQ Education Team.

The sessions explored the important relationship between emotions, peer influence, and mobile phone use when travelling in a vehicle. Through interactive discussions and real-world examples, students gained a deeper understanding of how these factors can impact decision-making and road safety outcomes for both drivers and passengers.

A key focus of the presentations was cognitive overload and the ways distractions can affect concentration, reaction times, and overall driving performance. Students were introduced to practical, proactive strategies that can help them manage distractions and make safer choices when travelling on the road.

These valuable learning experiences encouraged students to reflect on their responsibilities as both current and future road users, equipping them with knowledge and strategies they can apply throughout their driving journey.

We are extremely grateful to RACQ for providing this important educational opportunity for our students and wider community. Road safety remains a significant priority in our region, and programs such as these play an important role in helping young people develop safe and responsible road habits.

Parents and carers seeking further information about supporting young drivers are encouraged to contact Jason Ashton, Head of Department Senior School, at jjash0@eq.edu.au.



Jason

Mr Jason Ashton
Head of Department
Senior School
jjash0@eq.edu.au

Outside Our Classrooms

From Livestock to Red Claw: Agriculture Students Build Real-World Skills



Our Certificate 1 in Agricultural students have been busy developing valuable industry skills through a range of hands-on learning experiences this term.

One of the highlights has been their involvement in a fencing project, where students assisted with replacing an old fenceline on the school farm. Through this practical task, students gained an understanding of farm infrastructure maintenance while developing teamwork, problem-solving, and safe work practices.

Students have also been actively involved in livestock husbandry, gaining valuable experience in animal health and welfare management. Responsibilities have included conducting routine health checks, monitoring livestock wellbeing, and caring for newborn animals. These activities have strengthened students' understanding of animal care, observation skills, and the day-to-day responsibilities involved in maintaining healthy livestock.

In addition, students have expanded their knowledge and skills in aquaculture, irrigation, and cropping operations. A particular highlight this term has been the successful hatching of new Red Claw crayfish, providing students with

firsthand experience in aquaculture production and animal lifecycle management.

Students have also been involved in monitoring water quality, maintaining irrigation systems, and supporting crop establishment and growth. These experiences have helped students develop a greater understanding of sustainable agricultural practices and the important relationship between water management, food production, and animal husbandry.



These authentic, real-world learning opportunities continue to build students' confidence, knowledge, and practical skills, preparing them for future pathways in agriculture and related industries. We congratulate our Certificate I in Agriculture students on their enthusiasm and commitment to developing industry-relevant skills throughout the term.

Platinum and Gold Success at Fanfare Festival



Students from Proserpine State High School recently showcased their musical talents at the biennial Fanfare Festival, held in the school's Performing Arts Centre.

The event brought together Concert Bands and String Ensembles from across the Cannonvale, Proserpine, and Bowen regions in a celebration of music-making, collaboration, and performance excellence. The festival provided students with the opportunity to perform before an audience, receive

professional feedback, and connect with fellow young musicians from across the region.

Fanfare also highlighted the importance of music education and provided an excellent opportunity to showcase the many benefits and opportunities available through the Instrumental Music Program at Proserpine State High School.



The Proserpine State High School String Ensemble and Concert Band performed a range of challenging repertoire that reflected the significant growth and development of students' musical skills in recent years. Their commitment, hard work, and dedication were rewarded with outstanding results, with the Concert Band receiving a Platinum Award and the String Ensemble earning a Gold Award.

The festival was organised in partnership with North Queensland Instrumental Music and adjudicated by Cairns-based music educator Brian Hurdley, who provided valuable feedback and encouragement to all participating ensembles.

Instrumental Music Teachers Finn Williams and Amanda Mattiske would like to extend their sincere thanks to the staff and students who assisted with the organisation and delivery of the event. Hosting a festival of this scale was a significant undertaking, and its success was made possible through the support, dedication, and teamwork of the wider school community.

Congratulations to all students involved on their outstanding performances and for representing Proserpine State High School

with pride, professionalism, and musical excellence.



Student Leaders Inspired at Annual b kinder Summit

Nearly 80 student leaders from Proserpine State High School, Bowen State High School, Whitsunday Christian College and St Catherine's Catholic College recently came together for the annual b kinder Summit.

The summit is designed specifically for student leaders, providing an opportunity to spark new ideas, inspire positive action, and strengthen leadership capabilities. Throughout the day, students participated in a range of engaging activities and discussions focused on building empathy, compassion, resilience, and confidence.



Students left the summit inspired and equipped with practical strategies to make a meaningful difference within their schools and communities. The event encouraged young leaders to recognise the impact of kindness and to use their leadership positions to create positive change for others.



A highlight of the summit was hearing from guest presenter Adam Mostogl from Illuminate Education, whose engaging presentation challenged students to reflect on their influence as leaders and the importance of fostering positive school cultures. Students also heard from Tessa Jolley, who shared her experiences and inspired participants to lead with kindness and purpose.

We sincerely thank b kinder Foundation for organising this outstanding opportunity and for their ongoing commitment to developing young leaders. We also extend our appreciation to Adam Mostogl and Tessa Jolley for their valuable contributions to what was an inspiring and impactful day.

The summit reinforced the important message that leadership is not simply about holding a position—it is about making a positive difference through kindness, compassion, and action.

Sports News

Outstanding Results at North Queensland Cross Country Trials



Congratulations to Willow Kenny, Shailee Mewha, and Millie Groom, who recently competed at the North Queensland Cross Country Trials and achieved outstanding results against some of the best young distance runners in the state.

The girls demonstrated exceptional determination, endurance, and commitment throughout the competition, with each athlete delivering a strong performance in their respective age divisions.

Results included:

- **Willow Kenny** – 6th place in the 12 Years Girls division
- **Shailee Mewha** – 1st place in the 14 Years Girls division
- **Millie Groom** – 1st place in the 16 Years Girls division

A special congratulations to Shailee and Millie, who have both earned selection in the North Queensland Cross Country Team. This is a fantastic achievement and recognition of their hard work and dedication to their sport.

We are incredibly proud of all three students for the way they represented themselves and Proserpine State High School. Their achievements are a testament to their commitment to training and their passion for cross country running.

We wish Shailee and Millie all the very best as they progress to the next stage of competition

and look forward to following their continued success.

Well done, girls!

Mackay Schools Cup AFL Gala Day

On Thursday 28 May, a group of Year 9 and 10 boys travelled to Mackay to represent Proserpine State High School at the Mackay Schools Cup AFL Gala Day.

The team played three matches throughout the day, beginning with a strong victory over Bowen State High School. Unfortunately, their scheduled match against Moranbah was called off, before the team finished the competition with a hard-fought and narrow loss to Holy Spirit College.

With players bringing a variety of sporting backgrounds to the team, many of the students were more familiar with Rugby League than Australian Rules Football. Despite this, they adapted quickly to the game and demonstrated impressive skill development, teamwork, and determination throughout the competition.

The day provided a fantastic opportunity for students to challenge themselves, learn new skills, and compete against schools from across the region. Most importantly, the team displayed excellent sportsmanship and a positive attitude both on and off the field.

While the group returned to school a little sunburnt, they also returned with plenty of smiles and valuable memories from the experience.

Congratulations to all players on their efforts and commitment throughout the day. They represented Proserpine State High School with pride, dignity, and respect, and should be extremely proud of their performance.

Trio Selected for North Queensland Golf Team



Congratulations to Chorus Andrews, Georgia Holmes, and Levi Holmes on their selection in the North Queensland Golf Team.

This outstanding achievement is a testament to the dedication, hard work, and commitment each student has shown in developing their golfing skills and competing at a high level.

The students will now travel to Rockhampton to compete in a four-day championship event, where they will have the opportunity to showcase their talents against some of the state's best young golfers. The competition also serves as a pathway event, with players aiming to earn selection in the Queensland team for the next stage of competition.

Representing North Queensland is a significant accomplishment, and the entire school community is proud of what Chorus, Georgia, and Levi have achieved.

We wish them all the very best as they prepare for the event and look forward to hearing about their experiences and successes on the course.

Congratulations once again, and enjoy this fantastic opportunity!

Volleyball Teams Shine at Intermediate Schools Cup

Students from Years 9 and 10 recently travelled to the Gold Coast to compete in the Intermediate Schools Cup Volleyball Competition, showcasing their skills against some of the best school volleyball teams from across Queensland.

Proserpine State High School was represented by a Year 10 Boys team, a Year 10 Girls team, and a Year 9 Girls team. Throughout the tournament, all teams demonstrated outstanding determination, teamwork, resilience, and sportsmanship, representing the school with pride both on and off the court.

A special congratulations goes to the Year 10 Girls team, who achieved an impressive 4th place finish in their division. Competing against strong opposition from schools across the state, this result is a testament to the team's hard work, dedication, and commitment to improving their game.

Congratulations to all students involved for their effort, enthusiasm, and the positive manner in which they represented the school throughout the competition.

A special thank you is extended to teachers Kate Thomson, Ben Smith, and Nicole Ryan for their coaching, support, and commitment to providing students with this valuable opportunity. Their dedication helped make the experience both rewarding and memorable for all involved.



Well done to everyone who participated and represented Proserpine State High School with distinction.

Industry Events & News

Students Explore Career Pathways Through Fergus Builders Trade Tour



Students recently had the opportunity to gain valuable industry insight during a trade tour hosted by Fergus Builders and Harvey Norman.

The visit provided students with firsthand exposure to a major local construction project, where they met with managers from both organisations to learn about the wide range of career opportunities available within the building and construction industry. Discussions focused on pathways in project management, consulting, and property portfolio management, highlighting the diverse careers that contribute to the successful delivery of large-scale projects.

Students also participated in a site tour, giving them the opportunity to observe the progress of the development and gain a greater understanding of the planning, coordination, and teamwork involved in construction projects of this scale.

Experiences such as this play an important role in helping students explore future career options and better understand the skills and qualifications required across a range of industries.

We sincerely thank Fergus Builders and Harvey Norman for providing this valuable learning opportunity. Their support is helping to inspire our future workforce, broaden students' understanding of career possibilities within construction, and provide insight into the operation of significant projects within the Whitsunday region.

Special thanks also to Link and Launch for supporting opportunities that connect students with industry and future career pathways.

Students Explore Future Pathways at JCU Heroes in Business

Recently, a group of students from Proserpine State High School were selected to attend the *Heroes in Business* program hosted by James Cook University in partnership with Queensland Country Bank.

Held in Townsville, the one-day program provided students with a unique opportunity to explore career pathways in business, law, and finance while gaining valuable insight into university study and industry opportunities.

Students began the day with a guided tour of the James Cook University campus and learned about the university's business programs and study options. They also had the opportunity to hear from former university alumni, including senior representatives from Queensland Country Bank, who shared their career journeys and experiences working in the finance sector.

Throughout the day, students participated in a range of interactive activities designed to develop their teamwork, communication, and problem-solving skills. One highlight was working with students from across Queensland to develop and present a business idea within a limited timeframe. Students were also encouraged to think about where they see themselves in 10 years and explore different business roles and career aspirations.

Student Tiare Saalfeld reflected on the experience:

"The opportunity to participate in the Heroes in Business program was unforgettable. The funded trip to Townsville and the welcoming JCU representatives made the experience exceptional. Learning about the university, hearing from industry professionals, and collaborating with students from around the state was both enjoyable and inspiring. Presenting a business idea and exploring future career pathways gave me valuable insights into the world of business."

A memorable conclusion to the day was the presentation of the *Hero of the Day* award,

recognising outstanding participation and engagement. Watching the recipient's excitement and pride was a fitting end to an inspiring and rewarding experience.

We congratulate the students who attended and thank James Cook University and Queensland Country Bank for providing such a valuable opportunity for our students to explore future pathways and develop their leadership and business skills.

Upcoming Industry Events

Careers Expo

Proserpine State High School is pleased to invite local businesses, training organisations, industry representatives, and employers to exhibit at the 2026 Careers Expo.

The Careers Expo provides a valuable opportunity for students from across the Whitsunday region, as well as members of the wider community, to explore career pathways, training opportunities, apprenticeships, traineeships, and industry prospects. The event also allows exhibitors to connect directly with future employees and showcase the diverse opportunities available within their industries.

Event Details

- **Date:** Tuesday 4 August 2026
- **Time:** 11:00 am – 2:00 pm
- **Location:** Multi-Purpose Hall, Proserpine State High School
- **Exhibitor Set-Up:** From 9:30 am
- **Cost:** Free

The expo brings together students from schools throughout the Whitsunday region and serves as an important platform for helping young people make informed decisions about their future careers and education pathways.

We encourage businesses and organisations from all industries to take part and share their knowledge, experiences, and opportunities with the next generation of workers and professionals.

For registration details and further information, please contact the Senior Schooling Team at seniorschooling@proserpineshs.eq.edu.au.

We look forward to welcoming exhibitors and creating another successful Careers Expo for our students and community.

Save The Date

Careers Expo

Tuesday 4 August
11:00am-2:00pm
Multi Purpose Hall
(Entry via Sterry Street, Proserpine)

✓ Exhibitors from work, education & training
✓ Bring your questions to ask stall holders
✓ Broaden your career horizons

More information to come.

Local Spirit Universal Success.

- Work experience placements
- Casual and full-time job openings
- Training and career pathway sessions
- Scholarships and Open Day information

Please visit B4 for more information on the positions available, school based traineeships & apprenticeships, or work experience.



Bernadette

Ms Bernadette Porter
Senior Schooling Officer
bport82@eq.edu.au

Student Opportunities

TERM 1 ISSUE 4
2026

WORK EXPERIENCE
educational opportunities
SCHOOL BASED TRAINEESHIPS
APPRENTICESHIPS

employment
VOLUNTEER OPPORTUNITIES
Transitioning
SCHOLARSHIPS
COMPETITIONS

LINK AND LAUNCH

Senior students are sent a copy of Student Opportunities every Thursday. This includes information about:

- Apprenticeships and traineeships (full-time and school-based)
- Employment and training opportunities

Student Support Services Team

SchoolTV

Vaping and nicotine use are becoming increasingly visible in the lives of young people, with many children exposed to it well before adolescence through social media, advertising, gaming culture and peer conversations. What can often begin as curiosity or experimentation may quickly develop into nicotine dependence due to the highly addictive nature of these products.

Many young people are unaware of the impact nicotine can have on brain development, emotional regulation, concentration and overall wellbeing. For families, early and ongoing conversations can play an important role in helping children and teens build critical thinking skills, resist social pressures and make informed choices.

This edition of SchoolTV explores nicotine addiction, the risks associated with vaping and practical ways to support young people through this growing challenge.

Nicotine Addiction

Should this topic raise any concerns regarding your child, please do not hesitate to contact a member of our Wellbeing Team for support and further discussion.

Health Matters



Get SunSmart for Care Carnival

With Care Carnival taking place on **12 June 2026**, students are reminded to be SunSmart and take simple steps to stay safe while enjoying a fun-filled day outdoors.

Spending time outside is one of the highlights of Care Carnival, but it is important to protect ourselves from the sun and stay hydrated throughout the day. By following the SunSmart

message — **Slip, Slop, Slap, Wrap and Hydrate** — students can help reduce the risk of sunburn and enjoy the event safely.

Slip on a shirt

Choose a shirt that provides good sun protection, preferably with long sleeves and a collar. Lightweight natural fibres such as cotton and linen can help keep you cool while offering protection from harmful UV rays.

Slop on sunscreen

Apply sunscreen before heading outside and reapply throughout the day. Sunscreen should be:

- SPF 30 or higher
- Broad spectrum
- Water resistant

Slap on a hat

A wide-brimmed or legionnaire-style hat provides the best protection for your face, ears, and neck. Dark-coloured hats can also help reduce reflected sunlight.

Wrap on sunglasses

For maximum protection, sunglasses should:

- Comply with Australian Standards
- Provide 99% UV protection
- Be close-fitting or wrap-around in style

Drink plenty of water

Staying hydrated is just as important as protecting yourself from the sun. Students are encouraged to bring a water bottle and refill it regularly throughout the day. Drinking water regularly helps prevent dehydration and keeps you feeling your best during activities.



Let's work together to make Care Carnival a fun, safe, and SunSmart event for everyone. We look forward to seeing students enjoying the day while taking care of themselves and their friends.



Karen

Mrs Karen Dachs
School Based Youth Health Nurse
kdach1@eq.edu.au

Yarning Circle

Students Participate in National Reconciliation Week Event



Last week, students from Proserpine State High School attended the National Reconciliation Week event at the Proserpine Entertainment Centre.

This year's National Reconciliation Week theme, "All In", encourages all Australians to commit to reconciliation and work together towards a more united, respectful, and inclusive future. The event provided an opportunity for students and community members to reflect on the importance of strengthening relationships between Aboriginal and Torres Strait Islander peoples and non-Indigenous Australians.

A special congratulations goes to Miley Thomson, who proudly represented her culture, herself, and Proserpine State High School by delivering a keynote address to those gathered. Miley spoke with confidence, maturity, and pride, making a meaningful contribution to this important community event and sharing an inspiring message with attendees.



We are incredibly proud of Miley and all students who attended the event. Their respectful participation and positive representation of the school reflect the values of leadership, cultural pride, and community engagement that are so important within our school community.



pathways, leadership, culture and creativity. Students interested in applying, or seeking further information, are encouraged to see Mr Gabey or Mrs McDonald at the Student Advisory Centre.

Defence: Exercise First Look – Indigenous Youth Placement (Army Logistics Training Centre)

Exercise First Look is an Australian Army Indigenous work experience program offering students aged 15–18 a unique opportunity to experience life as an Army Soldier. This five-day residential program allows students to live on an Army base and gain firsthand insight into Army life.

Participants will engage in a range of activities, including:

- Physical training
- Weapons demonstrations (no weapons handling)
- Field craft and navigation activities
- Team and leadership development
- Drill and marching
- Recruitment information sessions
- Visits to Army training establishments such as Kapooka or Puckapunyal

Dates: 24–28 August 2026

Location: Bandiana, Victoria

All accommodation, airfares, and food are fully funded by the Australian Army.

Apply here:

[https://defencecareers.nga.net.au/cp/index.cfm?](https://defencecareers.nga.net.au/cp/index.cfm?event=jobs.checkJobDetailsNewApplication&returnToEvent=jobs.listJobs&jobid=FB20E207-)

[event=jobs.checkJobDetailsNewApplication&returnToEvent=jobs.listJobs&jobid=FB20E207-](https://defencecareers.nga.net.au/cp/index.cfm?event=jobs.checkJobDetailsNewApplication&returnToEvent=jobs.listJobs&jobid=FB20E207-)

8528-471F-B629-

B41700AF4169&CurATC=defenceworkexp&Cur
BID=EBDFCAA3%2DB025%2DF7B7%2D3BD4%
2D6D3FA42B2291&JobListID=83AA67BB%2D5
AB1%2D7A5E%2DA521%2D6D3E05DAE980&jo
bsListKey=4044599a%2Db8ef%2D4b74%2Da5
ba%2Dd05e9d884463&persistVariables=CurAT
C,CurBID,JobListID,jobsListKey,JobID&lid=9050
0720276&rmuh=BB8122EAD3F3931274F06D0
899B9C74EE7BFAC46

Students who are interested in any of the opportunities outlined above are encouraged to speak with Mr Gabey or Mrs McDonald in the Student Advisory Centre for further information and support with applications. These programs offer outstanding opportunities to explore future pathways, build confidence, and connect with culture, community, and career possibilities. We strongly encourage all interested students to apply.



Kelli

Mrs Kelli McDonald
Teacher Aide (First Nations)
kmcd0302@eq.edu.au

School News

Canteen Update

As we approach the end of Term 2, families are advised that the school canteen will operate with a limited menu on Thursday and Friday of the final week of term.

The reduced menu will allow staff to begin the annual kitchen shutdown process and undertake essential cleaning and maintenance in preparation for the holiday break.

Students are encouraged to check available menu options prior to ordering and may wish to consider bringing lunch from home on these days.

We thank students, families, and staff for their understanding and continued support of our canteen team throughout the term. We would also like to extend our appreciation to our dedicated canteen staff and volunteers for their hard work in providing quality food and service to our school community.

We wish everyone a safe and enjoyable holiday break and look forward to welcoming students back in Term 3.

https://proserpineshs.schoolzineplus.com/_file/media/11118/canteen_convenor.pdf

Uniform Store Hours

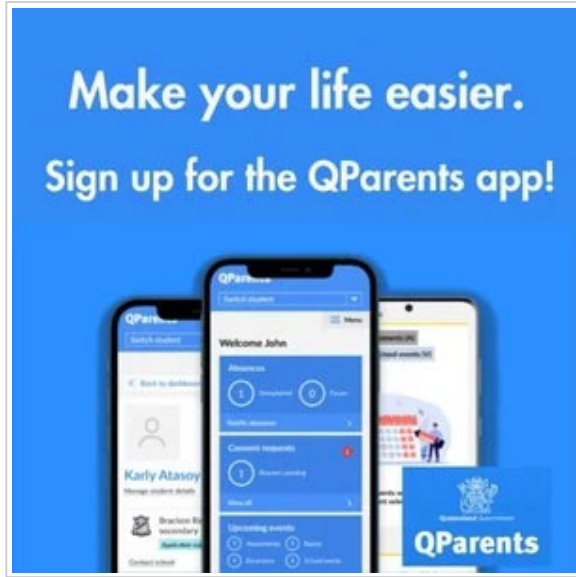


Uniform Shop Trading Hours
June/July School Holidays
Friday 10th July
1:00pm - 4:00pm

OR SHOP ONLINE ANYTIME AT
theschoollocker.com.au

Have you downloaded the QParents App?

https://proserpineshs.schoolzineplus.com/_file/media/10701/qparents_fact_sheet_for_parents.pdf



Newsletter Side Panel

Up-Date Your Contact Records

- Parents, have you changed your address, phone number, email address, etc.?
- Parents, have you changed jobs recently?
- Parents, has your son/daughter's medical details changed?

It is most important that changes to your contact records are correct as the Transport and Main Roads (TMR) have changed the Process of Student Verification for the School Transport Assistance Scheme (STAS).

From now on the process will be completed electronically with details held in TMR's state-wide database being matched with data from OneSchool (our school records). The onerous task of checking large paper based reports has now been discontinued. If these records are not up-to-date your school transport assistance will be cancelled in cases where details held by TMR do not match student information held in OneSchool.

Please advise the school of any changes, not only for bus travel but also in case your student becomes unwell or they have an emergency situation.

How to update your records:

Return to the beginning of the newsletter and in the left side bar under 'Forms & Documents', print out the appropriate form/s (Change of Details Form or Medical Changed Details Forms), fill in the form/s and then return it/them to our Administration Office or send the forms via email to principal@proserpineshs.eq.edu.au. You are also welcome to update all details via the QParents app or alternatively call into our office to have the changes made on the spot.

Medication at School

Any prescription medication should be left at the office after the **Request to Administer Medication at School Form** has been completed by the parent or guardian. The medication must be in the original container provided by the doctor, dentist or optometrist, **not a pharmacist**, and have clear details or instructions indicating dosage and times. The permission form is valid for one week only, unless there is a permanent medication where special negotiation will take place.

Parents please note that non-script items such as Panadol can be stored in the student's own school bag and taken as required. Non-script items are not kept at the office.

Once the Request to Administer Medication at School Form has been completed and if there is a change to any previous medication subscribed then a **Medical Changed Details Form** in the left side bar under '**Forms & Documents**' can be filled out and dropped into the school.

Community News

Mackay Cricket

MACKAY CRICKET EST. 1991

QANTAS REGIONAL GRANTS

GBR RAYS

GBR RAYS ALL-ABILITIES PROGRAM

REGISTER HERE:

Scan the QR code to register or visit bit.ly/gbr-rays

- 📅 Friday, 12 June
- 🕒 3:30pm - 4:30pm
- 👤 Ages 7-17 | Girls and Boys
- 📍 Harrup Park 2
- 📅 3-week program
- 💰 Free | Limited spots

Illustration of diverse children playing cricket.

DON'T MISS OUT - REGISTER TODAY

PROUDLY SUPPORTED BY

- Mackay Airport
- Suncorp
- partco
- DALY BAY
- Bidfood
- BLUE RIVER ICE
- gardian
- ELECTRICAL
- TORQUE
- Mackay
- PINPOINT PROPERTY

For more information, contact: sportsadmin@harruppark.com.au

Follow us on social media for updates!

KINDY CRICKET IS HERE!

GBR Rays Kindy Cricket

* State award-winning junior program

Fun first cricket for little kids.

- 👤 Ages: 3-5 years
- 🕒 When: Saturday mornings
- 📅 Starts: 13 June 2026
- 📅 Runs for: 3 weeks
- 💰 Cost: \$35
- 📍 Where: Harrup Park

Group 1: 8:30am - 9:15am
Group 2: 9:30am - 10:15am

Includes a fun starter pack for kids + coffee voucher for parents.

Scan to register now

PROUDLY SUPPORTED BY

- Mackay Airport
- Suncorp
- partco
- DALY BAY
- Bidfood
- BLUE RIVER ICE
- gardian
- ELECTRICAL
- TORQUE
- Mackay
- PINPOINT PROPERTY

World Education Program (WEP) Australia

Host Families Sought for Student Exchange Program

Help us support exchange students

Host Families Needed

- All Shapes and Sizes Families
- Students aged 15-17
- \$100 per week per hosted student
- Term to Year programs

CONTACT US NOW!

(03) 9598 4733
inbound@wep.org
[wep.com.au](https://www.wep.com.au)

Our school community has the opportunity to support a rewarding cultural exchange experience, with World Education Program (WEP) Australia currently seeking host families for upcoming international student exchanges.

WEP Australia places secondary school students from around the world with carefully selected host families, offering them a chance to experience Australian life, attend school, and become part of a local community. For the next exchange period, there is a need for approximately 30 host families nationwide.

Hosting an exchange student is a unique and enriching experience. Families play an important role in providing a safe, welcoming environment while also gaining the opportunity to learn about different cultures, traditions, and perspectives.

Families interested in becoming a host, or those seeking more information, are encouraged to explore this opportunity further. Even sharing this information with others can help support the program and make a meaningful difference in a young person's life.

Thank you to our community for considering this opportunity to be part of a global cultural exchange.

Whitsunday Athletics



TERM OVERVIEW (SENIORS) SPRINTS | LONG JUMP | TRIPLE JUMP

- Sessions are held every Tuesday and Thursday 3:30-4:30 pm at the Proserpine State High School oval.
- Seniors are generally considered athletes aged 10 and above. However, placement in these groups is based on the individual's ability and previous experience. This is to ensure that each athlete can participate safely and fully benefit from the sessions. Final group placement will be determined by the coach.
- Sessions are led by a L2 Development Coach, L1 S&C coach with BExSS and 10 years experience in youth athlete development.

whitsundayathletics@gmail.com@gmail.com

www.revolutionise.com.au

Whitsunday Transit

https://proserpineshs.schoolzineplus.com/_file/media/10669/jan26_whitsunday_poster.jpg



AFTER SCHOOL ACTIVITY BUS TIMETABLE

- TICKETS MUST BE PRE PURCHASED FROM OUR OFFICE
- 10 TRIP BOOK \$50.00

07 4946 1800

15:05 St Catherine's Primary
15:08 Proserpine SS & SHS (Chapman St)
15:10 Proserpine Pool
15:13 Proserpine JRL
15:24 Cattle Club / Camm Rd Mt Julian
15:29 Rifle Range Rd
15:36 Whitsunday Plaza (Woolies)
15:40 MacArthur Dr Bus Stop
15:43 Island Dr Bus Stop (Coles)
15:48 Airlie Main St
15:52 PCYC

